

Week of: March 18, 2018

CONGRATULATIONS FLAWLESS on Winning First Place at Pac West Nationals and earning your second jacket of the season!



The Spring Show is similar to the end of the year recital or showcase! It's a perfect opportunity to invite friends and family to see the skills your athletes have been working so hard for! ALL TEAMS PARTICIPATE in the Spring Show. This event is open to the public. The Spring Show has been rescheduled to 4/18. The details will come out next week!

**PREP Teams & Tiny Teams**

As our prep teams & Tinies wrap up their competitive season, they will continue working skills and improving their routines for the Spring show! Practice times will remain the same thru the month of March.

**A Note About Tumbling:**

Tumbling is a huge factor in team placements for next season! Contact the front desk for current tumbling classes schedules, or to schedule a private lesson for your athlete. Please note that drills and body shaping/awareness are vital to the improvement

in a specific skill. For example, if your athlete is learning or mastering their back handspring, they may spend 75% of their class or private lesson working on a drill that focuses on a specific aspect of that skill (the jump, landing, etc). This is MORE beneficial than spotting an athlete 100 times thru the course of a class. Drills are ESSENTIAL! If you have questions about progression, or the skill set your athlete should be working on, ask your coach!

**eXtreme for Wolfpack!**

The team formerly known as Wolfpack Cheer & Dance teams is now sponsored by our gym! Tryouts for Cheer and Dance are this Sunday 3/18.

This performance team will participate in community events, and cheer sideline and halftime of four Home Games for the Semi-professional Wolfpack Football Team.

- Cheer team is open to athletes ages 14+ (must turn 14 in 2019)
- Dance team is open to athletes 16+

More information and the tryout material is available at: [WashingtonExtreme.com/x](http://WashingtonExtreme.com/x)

*The Calendar has been moved to page 2!*

**MARCH BIRTHDAYS!**

Tori A	March 24
Kylie B	March 11
Maranda D	March 13
Madilyn F	March 31
McKenzie H	March 02
Paige H	March 03
Torrilee H	March 23
Lejla L	March 23
Jaden P	March 11
Lexi P	March 20
Chelsea R	March 12
Kira S	March 22
Madisynn T	March 11

**Spring Break Camp 10-2 Monday – Thursday! Spend your spring break working skills! More details coming next week.**

[SpokaneCheerleading.com](http://SpokaneCheerleading.com)

Check the website for the current class schedule!

**509-389-4028**



# COMPETITION RESULTS

## CHARM

- Prairie Classic 1<sup>st</sup> Place
- ATC 1<sup>st</sup> Place
- Jingle Bell 1<sup>st</sup> Place

## DREAM

- Prairie Classic 1<sup>st</sup> Place
- ATC 1<sup>st</sup> Place
- Jingle Bell 1<sup>st</sup> Place

## Mini PREP EXCITE

- Prairie Classic 1<sup>st</sup> Place
- ATC 2<sup>nd</sup> Place
- Jingle Bell 1<sup>st</sup> Place

## Junior PREP PRIDE

- Prairie Classic 1<sup>st</sup> Place, Grand Champion
- ATC 5<sup>th</sup> Place
- Jingle Bell 1<sup>st</sup> Place

## Dance ENVY

- ATC 1<sup>st</sup> Place, At Large Summit Bid
- Jingle Bell 1<sup>st</sup> Place

## SASSY

- PacWest Nationals 6<sup>th</sup> Place
- Spirit Cheer 3<sup>rd</sup> Place
- ATC 7<sup>th</sup> Place
- Jingle Bell 1<sup>st</sup> Place
- JAMZ Regional 4<sup>th</sup> Place

## FIERCE

- PacWest Nationals 5<sup>th</sup> Place
- Spirit Cheer 5<sup>th</sup> Place
- ATC 5<sup>th</sup> Place
- Jingle Bell 1<sup>st</sup> Place
- JAMZ Regional 3<sup>rd</sup> Place

## OUTRAGEOUS

- PacWest Nationals 5<sup>th</sup> Place
- JAMZ Nationals 1<sup>st</sup> Place!
- Spirit Cheer 2<sup>nd</sup> Place
- ATC 3<sup>rd</sup> Place
- Jingle Bell 1<sup>st</sup> Place, overall Grand Champion
- JAMZ Regional 3<sup>rd</sup> Place
- American Championships 3<sup>rd</sup> Place

SUN	MON	TUE	WED	THU	FRI	SAT
<b>March</b>						
18 eXtreme for Wolfpack tryouts!	19	20	21	22	23	24
25	26 Bring a friend to practice!	27 Bring a friend to practice!	28 Bring a friend to practice!	29 Bring a friend to practice!	30	31
<b>April</b>						
1 Spring Break – No regular classes or team practices	2 Spring Break – No regular classes or team practices <b>Camp 10-2!</b>	3 Spring Break – No regular classes or team practices <b>Camp 10-2!</b>	4 Spring Break – No regular classes or team practices <b>Camp 10-2!</b>	5 Spring Break – No regular classes or team practices <b>Camp 10-2!</b>	6	7
8 Practices Resume	9 Practices Resume	10 Practices Resume	11 Practices Resume	12 Practices Resume	13	14
15	16	17	18	19 SPRING SHOW	20	21
22	23 FREE CLINICS	24 FREE CLINICS	25 FREE CLINICS	26	27	28

## FLAWLESS

- PacWest Nationals 1<sup>st</sup> Place!
- JAMZ Nationals 2<sup>nd</sup> Place!
- Spirit Cheer 1<sup>st</sup> Place
- ATC 3<sup>rd</sup> Place
- JAMZ Regional 1<sup>st</sup> Place
- American Championships 3<sup>rd</sup> Place

## OBSESSION

- PacWest Nationals 2<sup>nd</sup> Place!
- JAMZ Nationals 1<sup>st</sup> Place!
- Spirit Cheer 1<sup>st</sup> Place
- ATC 5<sup>th</sup> Place
- JAMZ Regional 3<sup>rd</sup> Place
- American Championships 3<sup>rd</sup> Place

## BIDS/Invitations Received

- 5/12 US FINALS Las Vegas
  - SASSY, RAGE, FLAWLESS, OBSESSION
- 5/5 – 5/6 Dance Summit: ENVY
- 5/12-5/13 D2 Summit: Obsession

SpokaneCheerleading.com

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